

EDUCATIONAL CENTRE: DAILY PROGRAMME

Children over 3 years old

Time:	Activity:	Examples:
6:30 am Individual attention as children arrive	Children arrive EDUCATIONAL TOYS. Puzzles, blocks, dough etc.	Meet parents/ Check children-general/ Play area ready/ Play taped songs- music Play and tidy up. Get ready for breakfast.
8:00 am	BREAKFAST Toilet Routine	Cleaning tables/chairs/children.
8:30 am	BIBLE TIME	Bible Story & Songs
9:00 am	PRESENT MORNING PROGRAMME Opening and orientation of the day	<ul style="list-style-type: none"> - <i>Day – Mo/Tues/Wed. etc.</i> - <i>Morning/evening/midday</i> - <i>Summer/Winter...</i> - <i>Cold/Overcast/warm...</i> - <i>Month and date</i>
9:30 am INSIDE PLAY	<p>LANGUAGE & SPEECH DEVELOPMENT WRITING SKILLS</p> <p>CREATIVE ART FINE MOTOR DEVELOPMENT Fine motor development is the development of the finer muscle's co-ordination, e.g. developing hand muscle control, to enable the child to cut, write, fold paper or use his/her ruler with the adequate co-ordination and rhythm of movement.</p>	<p>Naming things, theme picture, pointing out, rhymes. Experimenting with:</p> <ul style="list-style-type: none"> - <i>Literacy/copy, tracing/writing of own name/Numeracy</i> <p>Experimenting with:</p> <ul style="list-style-type: none"> - <i>paint/crayons/glue/construction/cutting, clay, wool etc.</i> - <i>mathematical abilities (sizes, distances, relations),</i> - <i>concentration and problem solving</i> - <i>Paper folding activities – folding of a hat</i> - <i>Tear & paste</i>
10:00 am SNACK TIME	MORNING SNACK Toilet Routine	Cleaning tables/chairs/children
10:30 am OUTSIDE/INSIDE PLAY	<p>GROSS MOTOR STIMULATION Gross Motor abilities speaks of physical abilities Gross movements speaks specific of large muscle movements, e.g. of the legs, arms, total body, necessary to run, walk, balance, and goes together with co-ordination and rhythm of the movement.</p>	<p><i>Structured exercises to develop the large muscle groups of the body. This program will consist of graded exercises, in other words, ranging from simple to more complex movement patterns in order to cover all areas of physical development.</i></p> <ul style="list-style-type: none"> - <i>Climbing/pushing/pulling/walking/swinging</i>
11:30 am STORY TIME	LISTENING SKILLS & CONCENTRATION ABILITIES	<ul style="list-style-type: none"> - <i>Books, Fantasy Corner.</i> <p>Tidy up and get ready for lunch.</p>
12:00 am	LUNCH Toilet Routine	Cleaning tables/chairs/children
12:30 pm	SLEEP AND REST	Set to sleep

14:00 pm	<p>PERCEPTUAL DEVELOPMENT Perceptual development is the perception that we have of the world around us, e.g. shape and color, size and distance, time. Our bodies is our frame of reference for perception, and circles wider to the perception of letters and numbers</p> <p>VISUAL PERCEPTION is specifically how we interpret visual stimuli, e.g. directionality, shapes and sizes; and much more skills</p> <p>AUDITORY PERCEPTION is specific how we interpret sounds, e.g. do I hear the a-sound correctly or do I interpret it as a a- or a u-sound?</p>	<ul style="list-style-type: none"> - <i>Form and colour activities</i> - <i>Sizes and distances</i> - <i>Time perception</i> - <i>Up, over, under, inside, around, hide, behind, towards, away from, closer, further, high, low.</i> <p>Above mentioned aspects will be presented, graded and age relevant.</p>
15:00 pm SNACK TIME	<p style="text-align: center;">AFTERNOON SNACK Toilet Routine</p>	Cleaning tables/chairs/children
15:30 pm MUSIC & MOVEMENT	<p>SENSORY DEVELOPMENT Development of the interpretation of sensory experiences. Our senses include hearing, seeing, touching, smelling and tasting.</p>	<ul style="list-style-type: none"> - <i>Music, Song, Dance</i> - <i>Other structured games.</i> - <i>Singing/sing-a-dance/using instruments/listening.</i>
16:00 pm OUTSIDE/INSIDE PLAY	<p>EDUCATIONAL TOYS. Puzzles, blocks, balls, soft toys, dough</p>	<p>Clean children. Get bags ready. Children start to leave.</p>